### 1. Ernest Mitchell Overall Club Champion Trophy (male and female)

Club members shall be awarded points to count for this trophy as follows:-

- (a) Each competitor shall be awarded 1 point for competing in an individual swimming or diving event at G.S.I. meets. Handicap (NNT), pairs and relay events are not to be included.
- (b) Each competitor shall be awarded extra points according to final placing in individual scratch events at G.S.I. First place gains 8 points, second place 7 points, and so on down to eighth place scoring 1 point. DQ still gains 1 point NS are not scored.
- (c) Each competitor shall be awarded points for representing their club at the events listed below. Relay only swimmers are included.

# \*\* Points will be awarded only once per season regardless of the number of events entered.

National Championships	20 points
State Championships	10 points
Interdistrict Team	10 points
Country Championships	5 points
All Junior Country Championships (Melb)	5 points
7-10 Country Team	5 points

(d) The male and female members with the highest number of points at the end of the **season\*** shall be awarded the appropriate male or female Ernest Mitchell Overall Club Champion Trophy.

**season\* -** For the purpose of points calculation throughout this appendix the season will finish after All Junior Championships Melbourne.

**Out of District Swims** – It is the responsibility of all swimmers who compete out of district to ensure they obtain a copy of the <u>OFFICIAL RESULTS</u> for use by the Team Manager. Failure to do so will prevent results being recorded and PB's being recognised.

### 2. Alan Harlow Junior Club Champion Trophy (male and female)

Club members age 12 years or under at the Gippsland Championships shall be awarded points to count for this trophy as follows:-

- (a) Each competitor shall be awarded 1 point for competing in an individual swimming or diving event at G.S.I. meets. Handicap (NNT), pairs and relay events are not to be included.
- (b) Each competitor shall be awarded extra points according to the final placing in individual scratch events at G.S.I. meets. First place gains 8 points, second place 7 points, and so on down to eight place scoring 1 point. DQ still gains 1 point NS are not scored.
- (c) Each competitor shall be awarded defined points for representing their club at the events listed below. Relay only swimmers are included.

# \*\* Points will be awarded only once per season per event.

National Championships	20 points
State Championships	10 points
Interdistrict Team	10 points
Country Championships	5 points
All Junior Country Championships (Melb)	5 points
7-10 Country Team	5 points

- (d) The male and female members with the highest number of points at the end of the **season**\* shall be awarded the appropriate male or female Alan Harlow Junior Club Champion Trophy.
- (e) Where a club member has been awarded the Ernest Mitchell Overall Club Champion Trophy and the Alan Harlow Junior Club Champion Trophy, then the Ernest Mitchell Club Champion Trophy shall be suitably engraved to this effect, and no Alan Harlow Junior Club Champion Trophy shall be presented. This also applies if a junior is runner up overall club champion.

# 3,4 & 5 May Buxton Most Improved Swimmer Trophy ( A & B Grades ) ( Male & Female ) And the Gwen Young Most Improved Swimmer Trophy ( C & D Grades ) ( Male & Female )

(a) Swimmers shall be classified into one of four grades: A, B, C, or D for each stroke and distance according to the standard achieved in their best swim for that stroke and distance in the current or previous season. The standards are set out in Clause (b). Where no previous swim has been recorded, the first swim in any stroke or distance shall become the baseline figure. Points for improvement are then awarded when a swimmer achieves an equal or faster time than that of the baseline figure.

# **LONG COURSE**

(b)		A Grade	B Grade	C Grade	D Grade
Freestyle	50m	<30.50	<37.00	<50.00	=>50.00
•	100m	<1:06.00	<1:19.00	<1:45.00	=>1:45.00
	200m	<2:20.00	<2:46.00	<3:38.00	=>3:38.00
	400m	<4:51.00	<5:43.00	<7:27.00	=>7:27.00
	800m	<9:56.00	<12:20.00	<15:08.00	=>15:08.00
	1500m	<20.09.00	<24:57.00	<30:33.00	=>30:33.00
Backstroke	50m	<35.00	<42.00	<52.00	=>52.00
	100m	<1:15.00	<1:29.00	<1:49.00	=>1:49.00
	200m	<2:38.00	<3:06.00	<3:46.00	=>3:46.00
_					
Breaststroke	50m	<40.00	<44.00	<51.90	=>51.90
	100m	<1:25.00	<1:33.00	<2:00.60	=>2:00.60
	200m	<2:58.00	<3:14.00	<3:55.00	=>3:55.00
<i>a</i> .					
Butterfly	50m	<32.00	<38.50	<51.50	=>51.50
	100m	<1:09.00	<1:22.00	<1:48.00	=>1:48.00
	200m	<2:26.00	<2:52.00	<3:44.00	=>3:44.00
Individual					
Medley	200m	<2:38.00	<3:06.00	<3:46.00	=>3:46.00
iviculey	400m	<5:27.00	<6:23.00	<7:43.00	=>3.46.00 =>7:43.00
	400111	<j.∠1.00< td=""><td>&lt;0.∠3.00</td><td>&lt;1.43.00</td><td>-<i>&gt;1</i>.43.00</td></j.∠1.00<>	<0.∠3.00	<1.43.00	- <i>&gt;1</i> .43.00

(c) Swimmers shall gain points for improvement for equaling or bettering their previous best time of the previous or current season for each stroke and distance according to the grade of that previous best. The higher grades need less improvement in time to gain points. The points awarded for improvement in time for each grade are set out in Clause (d).

# 3,4 & 5 May Buxton Most Improved Swimmer Trophy ( A & B Grades ) ( Male & Female ) And the Gwen Young Most Improved Swimmer Trophy ( C & D Grades ) ( Male & Female )

(a) Swimmers shall be classified into one of four grades: A, B, C, or D for each stroke and distance according to the standard achieved in their best swim for that stroke and distance in the current or previous season. The standards are set out in Clause (b). Where no previous swim has been recorded, the first swim in any stroke or distance shall become the baseline figure. Points for improvement are then awarded when a swimmer achieves an equal or faster time than that of the baseline figure.

# **SHORT COURSE**

(b)		A Grade	B Grade	C Grade	D Grade
Freestyle	25m	<14.00	<17.50	<24.00	=>24.00
•	50m	<30.00	<36.70	<49.70	=>49.70
	100m	<1:05.10	<1:18.30	<1:44.30	=>1:44.30
	200m	<2:18.10	<2:44.50	<3:36.50	=>3:36.50
	400m	<4:47.20	<5:39.90	<7:23.90	=>7:23.90
	800m	<9:54.70	<12:13.50	<15:01.50	=>15:01.50
	1500m	<19:49.00	<24:45.00	<30:21.00	=>30:21.00
Backstroke	25m	<16.00	<20.00	<25.00	=>25.00
	50m	<34.30	<41.50	<51.50	=>51.50
	100m	<1:13.50	<1:27.90	<1:47.90	=>1:47.90
	200m	<2:35.00	<3:03.60	<3:43.60	=>3:43.60
Breaststroke	25m	<18.00	<21.00	<25.00	=>25.00
	50m	<39.40	<43.60	<51.50	=>51.50
	100m	<1:23.50	<1:32.00	<1:59.60	=>1:59.60
	200m	<2:54.50	<3:11.80	<3:52.80	=>3:52.80
Butterfly	25m	<15.00	<18.50	<24.50	=>24.50
	50m	<31.40	<38.10	<51.10	=>51.10
	100m	<1:07.70	<1:21.00	<1:47.00	=>1:47.00
	200m	<2:22.00	<2:50.00	<3:42.00	=>3:42.00
Individual					
Medley	100m	<1:15.00	<1:29.00	<1:49.00	=>1:49.00
-	200m	<2:34.40	<3:03.50	<3:43.50	=>3:43.50
	400m	<5:18.90	<6:14.90	<7:34.90	=>7:34.90

(c) Swimmers shall gain points for improvement for equaling or bettering their previous best time of the previous or current season for each stroke and distance according to the grade of that previous best. The higher grades need less improvement in time to gain points. The points awarded for improvement in time for each grade are set out in Clause (d).

(d) 25m Events			Points Ga	ined		
Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<0.10 =<0.20 =<0.30	2 <0.04 <0.20 <0.40 <0.60	3 <0.08 <0.30 <0.60 <0.90	4 <0.12 <0.40 <0.80 <1.20	5 =>0.12 =>0.40 =>0.80 =>1.20
50m Events Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<0.23 =<0.45 =<0.90	Points Ga 2 <0.10 <0.46 <0.90 <1.80	oined 3 <0.20 <0.69 <1.35 <2.70	4 <0.30 <0.92 <1.80 <3.60	5 =>0.30 =>0.92 =>1.80 =>3.60
100m Events Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<0.51 =<1.00 =<2.00	Points Ga 2 <0.22 <1.02 <2.00 <4.00	3 <0.44 <1.53 <3.00 <6.00	4 <0.66 <2.04 <4.00 <8.00	5 =>0.66 =>2.04 =>4.00 =>8.00
200m Events Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<1.13 =<2.22 =<4.44	Points Ga 2 <0.48 <2.26 <4.44 <8.88	ined 3 <0.96 <3.39 <6.66 <13.32	4 <1.44 <4.52 <8.88 <17.76	5 =>1.44 =>4.52 =>8.88 =>17.76
400m Events Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<2.46 =<4.74 =<8.38	Points Ga 2 <1.02 <4.92 <9.48 <16.76	ined 3 <2.04 <7.38 <14.22 <25.14	4 <3.06 <9.84 <18.96 <33.52	5 =>3.06 =>9.84 =>18.96 =>33.52
800m Events Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<5.17 =<9.83 =<16.84	Points Ga 2 <2.12 <10.34 <19.66 <33.68	ined 3 <4.24 <15.51 <29.49 <50.52	4 <6.36 <20.68 <39.32 <67.36	5 =>6.36 =>20.68 =>39.32 =>67.36
1500m Events Improvements in time in seconds from previous best	Grade A B C D	1 Equal =<10.64 =<20.06 =<33.69	Points Ga 2 <4.34 <21.28 <40.12 <67.38	3 <8.68 <31.92 <1:00.18 <1:01.07	4 <13.02 <42.56 <1:20.24 <1:34.76	5 =>13.02 =>42.56 =>1:20.24 =>1:34.76

### 5. Don Coupe & Wendy Gibson Encouragement Awards ( Male & Female )

These awards are to be selected by the Coaches and Team Manager. If swimmer is already going to be in receipt of one of the Champion or Most Improved trophies, they are then ruled ineligible for these encouragement awards. If the coaches feel that there is not a worthy recipient for this award, they do not have to make the award.

### 6. The President's Encouragement Award

This trophy can be for either a Male or Female swimmer and it is selected by the President. If swimmer is already going to be in receipt of one of the Champion or Most Improved trophies, they are then ruled ineligible for this encouragement award

### 7. Best Clubman Award

This trophy will be awarded to the swimmer or parent that is voted best clubman Votes will be taken from each committee member and coach

### 8. Age Group Trophies

The awarding of these trophies will be seasonal base on numbers of swimmers for each season. This will be decided by the current committee before the end of each season.

Ernest Mitchell Club Champions & Alan Harlow Junior Club Champions are ineligible to win age group champion trophies this is inclusive of runner ups.

First and Second place winners in each age group (below) shall be awarded a trophy.

8 & Under 10 & Under 12 & Under 14 & Under

15 & Over.

- (a) Age as at All Juniors MSAC.
- **(b)** Boys and Girls trophies may be combined depending on numbers in each age group. The committee will determine this at the end of each season.
- (c) All age groups must be the same i.e. Girls and Boys or combined.